

## THE UMBRIAN TABLE TOURS 2015 Schedule

WE NOW ACCEPT VISA, MASTERCARD AND AMEX

### **UMBRIA November 4 – 13, 2015**

Arrive in Rome on the **morning of the 4<sup>th</sup>** of November and transfer by motor coach (about two hours) to the four star *Palazzo Leti* in Spoleto. We will share arrival drinks and appetizers as we have a brief orientation. We will have dinner at a nearby restaurant.

On **Thursday** the 5<sup>th</sup>, we will take a guided tour of the upper town of Spoleto, one of the most picturesque and historically significant hill towns in central Italy. This will be your home base for the entire tour. In the afternoon we will walk to another local restaurant for a **cooking lesson**. Afterwards there will be time for strolling and shopping. We will dine that evening on the items we learned to cook in the lesson.

On **Friday** we will travel by coach to *Spello and Bavagna* for touring and sightseeing. In the afternoon we will have lunch at Chateau de Pep, my new favorite restaurant, just outside the city walls. After lunch you are free to wander the streets of town, relax and have dinner on your own or with other group members.

**Saturday** is **wine** day (as if every day is not) – we will visit Montefalco, one of the famous wine producing areas of Umbria. We will taste the wines of three vineyards. We will taste the famous Sagrantino de Montefalco red wine of *Fratelli Pardi, Scacciadiavoli and Romanelli* and have lunch at one of those estates. Dinner in town is on your own or with your friends and fellow travelers.

On **Sunday** we will tour Spoleto's lower town and areas just outside the city walls. A highlight of this day is a visit to one of the oldest paleo-Christian churches still standing. It is no longer used as a church, but is a preserved historical sight and leaves visitors breathless and inspired by its beauty and the remarkable natural light which illuminates the interior, even on cloudy days. Lunch is on your own and there is time for shopping and relaxing. In the evening we will dine at *Enoteca 9cento*. The food here is traditional, but with a very modern and youthful twist.

**Monday** we will visit our food friends at the *Frantoio Carletti* a very traditional family owned **olive oil** producing facility. We will visit the groves and learn about the production of olives and their oil, have a tasting with wine and chat with the family. This is a great opportunity to purchase freshly pressed extra virgin olive oil and very reasonable prices. We will have lunch at a nearby restaurant in *Campello*. Dinner in the evening is on your own in Spoleto.

**Tuesday** is a **chocolate** day. We will visit the capital of Umbria, Perugia, visiting the historic underground part of the city, the city center and museum. There will be time for shopping and lunch in Perugia. I can make some suggestions for lunch. In the afternoon we will visit the *Perugina* chocolate factory and have the opportunity to learn to make the famous *Bacci* chocolate candy. Dinner at a nearby restaurant.

**Wednesday** we explore the mountains of the *Val Nerina*. In the morning we will visit a family farm where great **Pecorino cheese** is made. We will then go **truffle hunting** in the hills of the valley. This is a rare opportunity to see how this is done with the hunter and his very talented dogs searching for the precious black truffles. Few outsiders have this opportunity. We will then transfer to the hunter's restaurant for a lunch comprised of dishes all made with truffles. The evening is free in Spoleto.

**Thursday** is our final day. We will ascend to the castle and tour *Rocca Albornoziana* the great medieval fortress that stood impenetrable for centuries and now houses an historical museum. It is also home to a wonderful mural of the 15<sup>th</sup> century. Our final meal will be at a small elegant restaurant in town. Take your free time to do final shopping, packing, picture taking or just enjoying the views.

**Friday** is a very early morning departure to Rome by motor coach.

The price for our magnificent signature tour to **Umbria is \$4,579 per person based** on double **occupancy**. The price includes all items listed in the itinerary. It does not include airfare to and from Rome nor meals taken on your own. All transport in Italy, museum fees, taxes and fees are included in the price. Tipping in restaurants is not required. Items purchased for your personal use are at your own cost. There is a **single supplement of \$350**.

A non-refundable **deposit of \$400 is due by July 20, 2015**. The **balance** is due by **September 1, 2015**. We prefer checks, but are working on accepting credit cards (Visa, Master Card) as well.

To register, or for more information, call us at **952-426-1068**. Our email is [mork3@prodigy.net](mailto:mork3@prodigy.net). Our website (still being updated) is [www.umbriantable.com](http://www.umbriantable.com).

Prior to the trip we will host a **gathering of the group** for food, wine and conversation. It is a great way to get to know your fellow travelers and get in the mood for a fabulous trip. The date of the meeting will be announced after registration is completed.

Price includes:

- 9 Nights at the Four Star Palazzo Loti
- Breakfast Daily
- Lunches or Dinners as listed on the itinerary
- Private wine tastings
- Cooking lessons
- Admission to all museums and historical sites
- Transportation to and from Rome via motor coach
- All transportation to events during the tour
- Gratuities, hotel taxes, and services charges as incurred during tour events